Your care plan, between visits

A handout for patients from your practice. Free to print and share.

PatientPower
beyondmychart.com

Your practice: **Your practitioner:**

Our practice uses PatientPower so the plan we make with you is easy to find and follow at home, and so we can see how it is going before your next visit.

What PatientPower does for you

- **Your plan in one place.** The goals, exercises and nutrition guidance your practitioner sets, the visit notes they release to you, and the sessions left in your package if you have one.
- **Log how it is going.** Under each goal, tap a slider, a 0 to 10 scale or done. Your practitioner sees what you logged before your next appointment. You do not have to write anything.
- **Make it fit your life.** Add goals of your own. If a target does not work for you, tap **Ask my practitioner to change this** on the goal instead of guessing.
- **Reminders and encouragement.** Your care team can send reminders and encouragement. Emails carry a link, not your health details: you open the app to read them.
- **Your other records, if you choose.** You can connect MyChart from health systems that use Epic and let patients connect apps, and choose which categories, such as medications or labs, our practice can see. You can revoke access at any time. This is optional.

How to join, in 3 steps

1. **Give us the email address you want to sign in with.** Your plan is tied to that email, so use one you check.
2. **Open the invitation email and follow its link.** It comes from PatientPower and carries a link only, no health details. If you do not see it, check your spam or junk folder.
3. **Create your secure account with that same email.** Then sign in to see your plan. Already use PatientPower with that email? Just sign in.

Email we will invite:

Your information

- **Never sold, never used for advertising.** Your individual care-plan data is not used to train AI models.
- **Not shared between practitioners.** Information one practitioner enters is never visible to, or shared with, another practitioner.
- **You stay in control.** You can export your information or ask for it to be deleted, and revoke access you have shared.

PatientPower supports your care; it does not replace it. It is for education and support. If something feels wrong, contact your practice. In an emergency, call 911 or go to the nearest emergency room.

PatientPower is software that helps licensed practitioners organize care and share educational information. It does not diagnose or treat, and it is not for emergencies: in an emergency, call 911. MyChart and Epic are trademarks of Epic Systems Corporation. PatientPower is an independent app and is not affiliated with or endorsed by Epic.
Privacy policy: beyondmychart.com/privacy

Practice rollout kit

Front-desk invite script and first-week checklist. For practice staff.

PatientPower
beyondmychart.com

30-second front-desk invite script

Read it as written or in your own words. About 70 words, roughly 30 seconds aloud.

> “We use an app called PatientPower so you can see your plan from [practitioner] and log how it goes between visits. [Practitioner] sees it before your next visit.”
>
> “We will email you an invitation today. It is just a link, no health details. Which email will you sign in with?”
>
> “When it arrives, follow the link and create your account with that same email. This handout has the steps.”

If the patient prefers not to use email or the app, that is fine: carry on with their care as usual.

First-week checklist for the practitioner

Everything below happens in PatientPower, signed in as the practitioner. Tick each item as you go.

Before your first invitation

- ☐ Business Associate Agreement (BAA): PatientPower's privacy policy says BAAs are available for practitioner accounts. If your practice needs one, settle it before adding patients.
- ☐ Watch the practitioner tour in Help (**PatientPower for your practice: the full tour**, 3 min 24 s; there is also a chiropractic version).

Day 1: invite and build the plan

- ☐ Add each patient: **Add a patient**, enter their name and the email they will sign in with, tick **Email the patient an invitation** (a link only, no health details), then **Add patient**. If you add a personal greeting, keep health details out of it.
- ☐ Open the patient, schedule visits and set a **check-in cadence**.
- ☐ Give goals three ways: start from one of their conditions, pick from the list, or type your own. Goals save as you add them and the patient sees each one straight away.
- ☐ Set reminder and encouragement schedules; choose which encouragement notes rotate and add a short note of your own if you like.

Days 2 to 5: follow up

- ☐ Open **Panel Activity**. Patients grouped as **never started** have not logged a check-in yet. Ask whether the invitation arrived (check spam) and whether they created the account with the same email you entered.
- ☐ Answer any request to change a goal: change the target, or press **seen** so the patient knows you read it.
- ☐ Send one-tap **kudos** when a patient hits a goal.

Before each visit

- ☐ Open the patient and read **What the patient logged this visit**. A check-in is the patient’s own report, not a measurement.

Billing remote monitoring or care management is separate: PatientPower does not collect device data and does not make a service billable on its own. See beyondmychart.com/remote-monitoring and confirm coverage with the payer and a certified coder.

Step-by-step goals guide for you and your patients: beyondmychart.com/shared-plan-guide

PatientPower is software that helps licensed practitioners organize care and share educational information. It does not diagnose or treat, and it is not for emergencies: in an emergency, call 911. MyChart and Epic are trademarks of Epic Systems Corporation. PatientPower is an independent app and is not affiliated with or endorsed by Epic.